

Year 5/6/7 Aquatics Programme - 4th – 8th March 2019

Dear Parent/Caregiver,

Each year, the Year 5, 6 & 7 students attend Port Noarlunga Aquatic Centre for 5 x 1½ hour Aquatic sessions as part of the Health and Physical Education Curriculum.

A lack of swimming skills does not interfere with a child's ability to become involved in the program which involves the use of buoyancy vests and wet suits where necessary and emphasises water confidence and beach safety strategies.

Year 5 students will be taking part in water safety lessons for the week.

Year 6 and 7 students will nominate preferences for their involvement in the programmed activities. Activities offered include kayaking, boogie boarding, windsurfing, wave skiing, surfing, snorkelling, SUP paddling and fishing.

COST FOR YEAR 6/7 AQUATICS PROGRAMME: \$55.00 (reference: Family ID and Invoice Number)

COST FOR YEAR 5 WATER SAFETY PROGRAMME: \$30.00 (reference: Family ID and Invoice Number)

FULL PAYMENT IS REQUIRED BY MONDAY 26TH FEBRUARY.

Please read the following considerations carefully.

- ❖ Medication must be with the child for each aquatic session. She/he must hand it over to the instructor in a named, waterproof container with written instructions. If you tick asthma please make sure a copy of your child's asthma plan is attached.
- ❖ Children need to wear their bathers to school under their uniform each day.

Buses will be leaving school at 9.00 am.

Session time 9:30 – 11:00am

- They will need a labelled swimming bag containing towel, hat, and warm clothing for cooler conditions.
- A T-shirt over bathers is a good idea.
- Children will be able to change in the toilets at school upon their return.
- ❖ Students involved in fishing or kayaking need old sneakers to wear in the water.
- ❖ **NO VALUABLES ARE TO BE TAKEN TO THE BEACH** (watches, money etc. to be left at school in a safe place).
- ❖ **THE KIOSK IS OUT OF BOUNDS.**

Thank you



Matt Millar

Senior Leader